



# ST. CLAIR COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

2019 - 2023

## Letter from the Medical Health Director



Dear Community Partner,

St. Clair County is blessed with many great resources, especially the people! However, our community health assessments indicate that we have work to do before we can fully enjoy the benefits of our beautiful community. Life expectancy data clearly indicates we are not as healthy as we should be, and there are large differences from one area of the county to another. *Healthy People 2020* defines health equity as the "attainment of the highest level of health for all people."

Health equity means efforts to ensure that all people have full and equal access to opportunities that enable them to lead healthy lives. And it's important to remember that good health is a precursor to population and economic growth. Contrary to popular belief, good health is more dependent on "social determinants of health" than on health care. Social determinants include safe, drug and violence-free environments, affordable housing, adequate education and training, and a broad base of livable-wage employment opportunities.

The St. Clair County Community Health Improvement Plan (SCC-CHIP) serves as a blueprint for the ENTIRE community to address health disparities and promote health equity, with the goal of better health and wellness for all county residents. Through a collaborative effort of community partners, the SCC-CHIP provides strategic priorities, goals, and measures to guide us to a more equitable and prosperous future. Collaboration is the process of two or more people or organizations working together to complete a task or achieve a goal.

The CHIP's work plan is meant to support a variety of actions by a wide range of partners towards common vision of better health. With a focus on policy, systems, and environmental strategies, the work plan's intent is to establish and strengthen factors that influence health and wellness in our community. In addition, the CHIP allows us to be very intentional in our choices and directions as new opportunities and challenges arise. Work plans like the SCC-CHIP have been clearly instrumental in moving communities forward in their journey towards health equity and we are very excited to embark on that same journey with you.

Thank you for your commitment to making St. Clair County a healthy place for all!

A handwritten signature in black ink, appearing to read "Annette Mercatante". The signature is fluid and cursive.

Annette Mercatante, MD, MPH  
Medical Health Director  
St. Clair County Health Department

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## Community Health Strategic Priority Areas

This Community Health Improvement Plan (CHIP) outlines how partners in St. Clair County intend to improve the health of all St. Clair County residents over the next five years. The document includes specific improvement strategies within each of the following strategic priority areas. We believe that implementing these strategies will help us achieve our vision for a healthy St. Clair County.

Chronic Disease Prevention and Management

Access to Health Care

Substance Abuse

Mental Health

Well-Being of Children & Adolescents

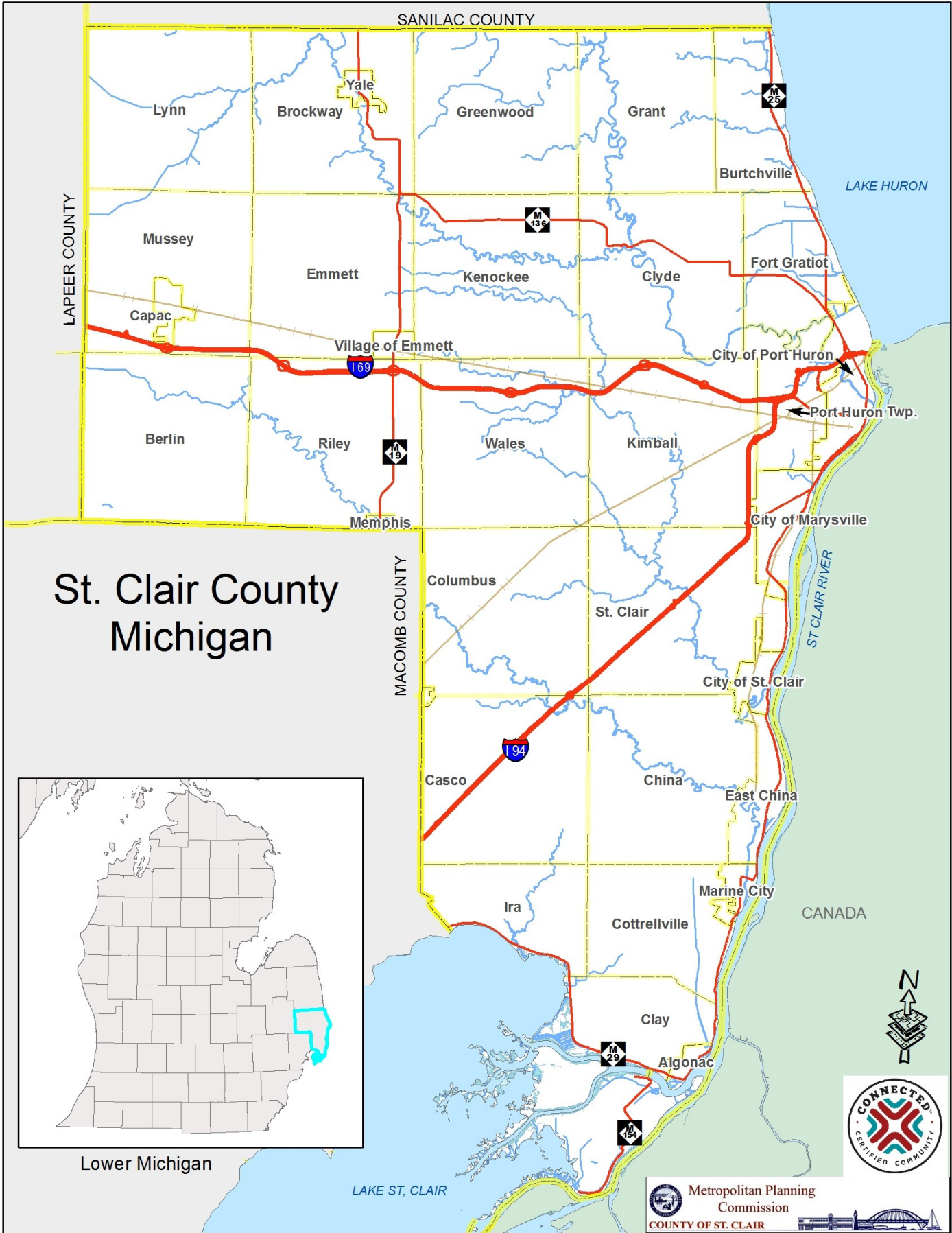
Economic Opportunity

Environmental Health

## Vision for a Healthy St. Clair County

St. Clair County is an engaged community working together to ensure that all citizens are educated, connected, and empowered to live a healthier life.



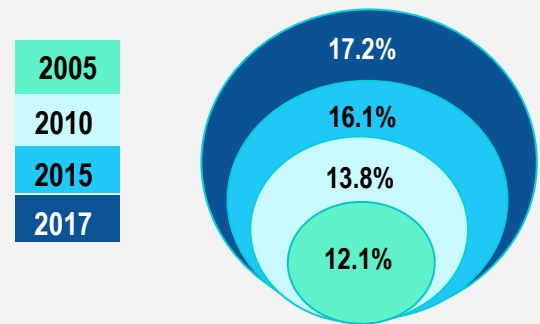


# St. Clair County Demographics

Townships	Total Population 2018	Average Household Income	Median Household Income	Average Home Value	Median Home Value
Berlin	3,297	\$82,715	\$67,686	\$228,064	\$219,531
Brockway	1,967	\$64,658	\$51,474	\$203,182	\$175,899
Burtchville	3,950	\$72,755	\$52,002	\$247,044	\$166,509
Casco	4,018	\$74,093	\$64,208	\$209,441	\$206,719
China	3,504	\$92,979	\$68,919	\$280,949	\$270,562
Clay	8,936	\$81,131	\$63,211	\$243,874	\$205,865
Clyde	5,400	\$79,772	\$61,178	\$203,722	\$172,133
Columbus	3,911	\$76,669	\$63,220	\$214,408	\$209,019
Cottrellville	3,510	\$68,621	\$57,454	\$239,689	\$210,981
East China	3,737	\$67,517	\$54,225	\$252,855	\$219,191
Emmett	2,615	\$66,769	\$59,773	\$211,667	\$196,728
Fort Gratiot	10,970	\$80,741	\$58,544	\$230,158	\$178,088
Grant	1,896	\$81,018	\$62,941	\$210,963	\$177,826
Greenwood	1,554	\$80,601	\$64,335	\$192,683	\$180,142
Ira	5,203	\$76,639	\$60,225	\$194,251	\$182,000
Kenockee	2,409	\$71,392	\$60,568	\$218,933	\$179,459
Kimball	9,094	\$63,237	\$52,355	\$172,873	\$154,970
Lynn	1,247	\$71,702	\$58,639	\$207,219	\$176,364
Mussey	4,389	\$61,537	\$52,292	\$164,515	\$145,752
Port Huron	10,603	\$63,749	\$50,524	\$158,979	\$131,936
Riley	3,339	\$74,171	\$62,431	\$251,013	\$234,052
St. Clair	6,810	\$93,233	\$75,487	\$256,632	\$209,741
Wales	3,330	\$68,206	\$59,676	\$211,769	\$178,737

Cities & Villages	Total Population 2018	Average Household Income	Median Household Income	Average Home Value	Median Home Value
Algonac	4,142	\$61,350	\$52,138	\$159,805	\$120,415
Port Huron	29,558	\$58,870	\$35,615	\$133,436	\$94,287
St. Clair	5,442	\$72,930	\$57,151	\$200,936	\$170,385
Marine City	4,108	\$58,256	\$45,928	\$143,891	\$106,672
Marysville	9,809	\$83,675	\$57,062	\$165,540	\$149,415
Memphis	1,180	\$91,259	\$59,062	\$239,527	\$208,182
Yale	2,002	\$51,444	\$38,924	\$134,713	\$114,560
Village of Capac	2,032	\$55,897	\$47,596	\$100,475	\$98,344
Village of Emmett	263	\$68,185	\$61,460	\$196,474	\$183,333
St. Clair County	161,121	\$68,452	\$53,430	\$199,405	\$166,279

## % of the population 65 years or older:



### St. Clair County

## Median Age:

	2005	2010	2015	2017
St. Clair County	37.5	41.7	43.4	43.9
United States	36.4	36.9	37.6	37.8

### United States

## PROJECTED AGE GROUP CHANGES, 2015 - 2045

< 18	18-24	25-64	65+
-3.4%	-18.9%	-4.1%	48.9%

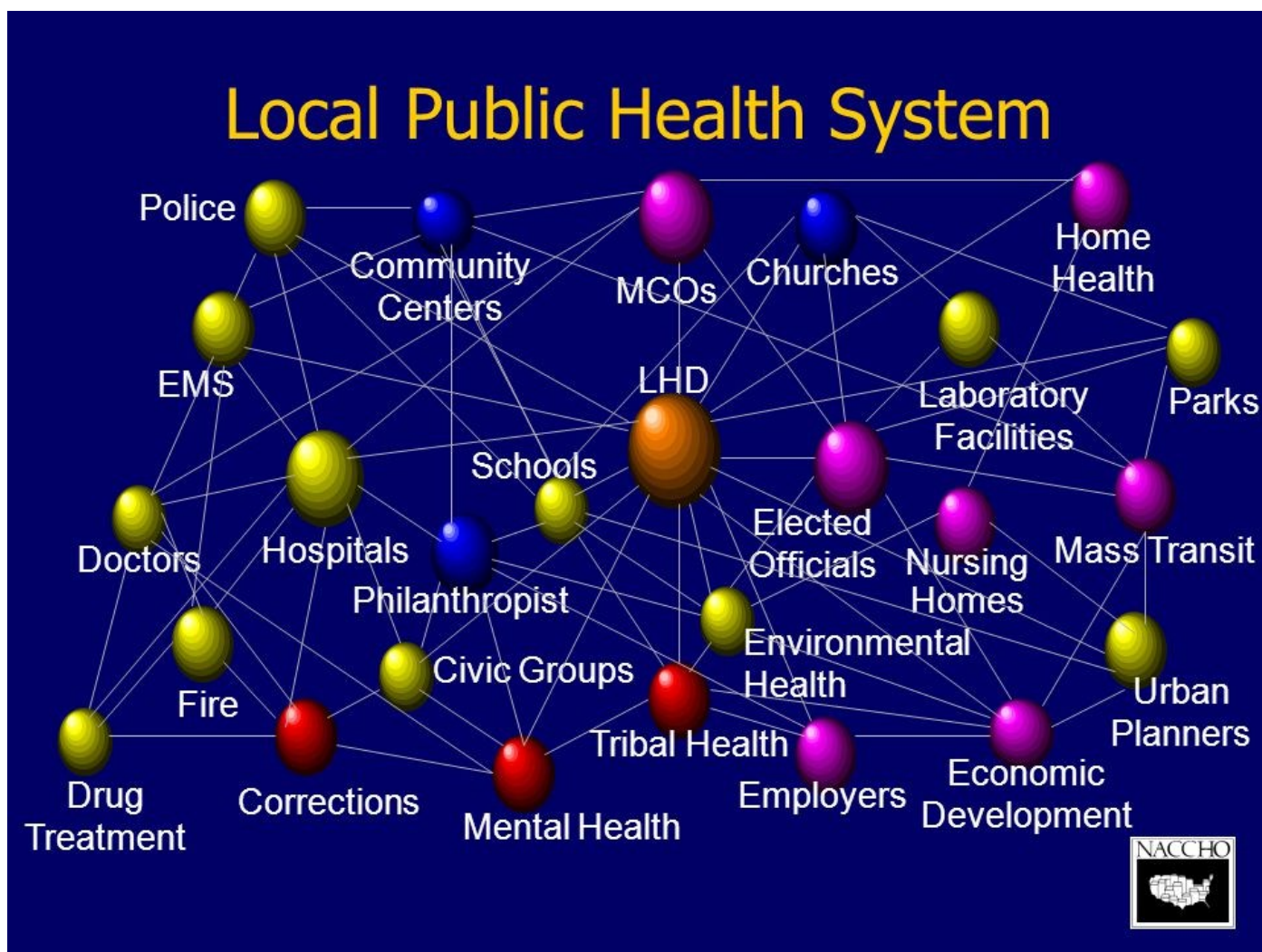


# Improving Community Health

There are many steps a person can take to live a healthy lifestyle including, among other things, exercising regularly, eating healthy foods, visiting the doctor, and taking needed medications,

There are also numerous opportunities to work together in order to improve the overall health of our community. The St. Clair County Health Department, along with many other public and private partners - including McLaren Port Huron Hospital, Lake Huron Medical Center, and Ascension River District Hospital - work countless hours to improve the health and quality of life of nearly 161,000 St. Clair County residents.

That said, only about 20% of health outcomes are related to health care. The other 80% are a result of “social determinants” of health that include in part: the economy, environment, education, social capital (relationships and community engagement), and childhood trauma. This means that the health of the community is dependent upon a far greater number of stakeholders. Many public, private, and voluntary organizations contribute to the health and well being of St. Clair County. This includes emergency responders, schools and higher education, businesses, nonprofit organizations, civic groups, local municipalities, recreation providers, complimentary alternative medicine (chiropractors, massage, etc.) and many more. These entities, as a whole, make up St. Clair County’s local public health system.



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